

MARIANOWICZ MEDIZIN

Time for Health

TIME FOR HEALTH

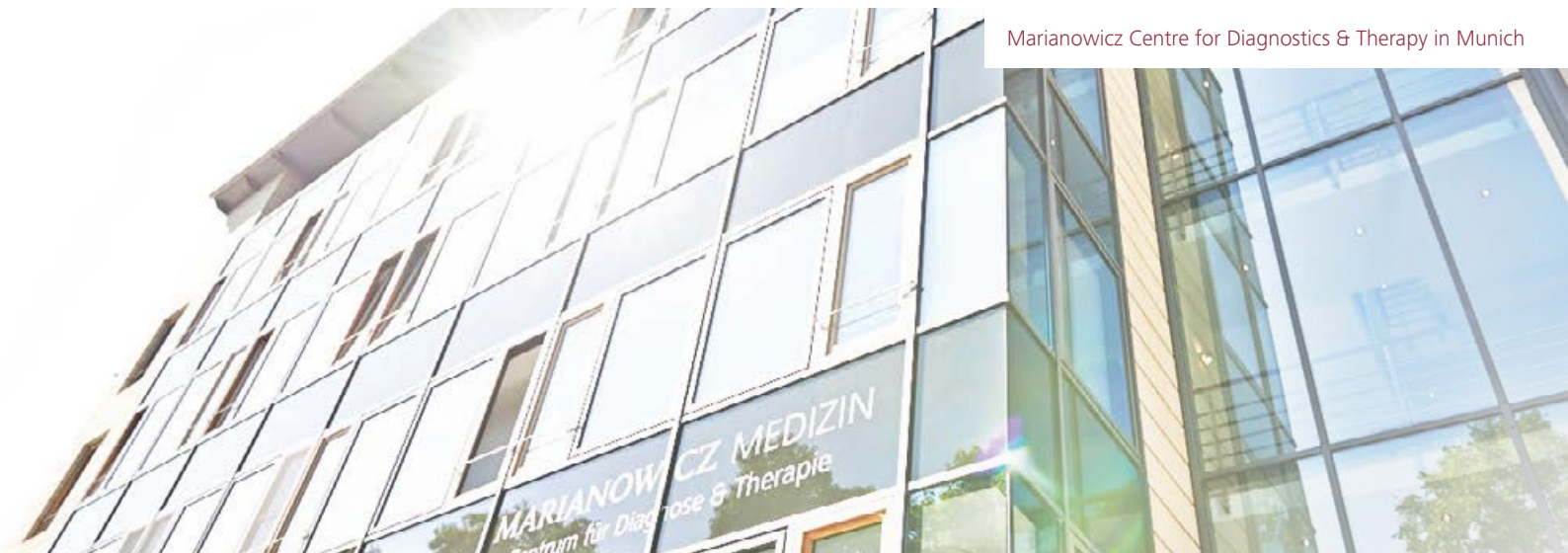
Two clinics – one philosophy

At the Marianowicz Medizin medical facilities, we feel deeply bound to this promise: in both the Centre for Diagnostics & Therapy in Munich and the Jägerwinkel Private Clinic on Lake Tegernsee. To us, Marianowicz Medizin means taking all possible healing routes into account, and not being closed to any approach. That's why we combine gentle high-tech methods based on the most up-to-date scientific knowledge and classic approaches from academic medicine with traditional healing methods and natural healing approaches. We are convinced: Whatever works is right. We always use the gentlest possible approaches as part of our

step-by-step plan. Minimum invasiveness, maximum effect. Our aim is to ensure patients are in the hands of an experienced team of top doctors, medical practitioners and physiotherapists that not only work together as a team, but work together as one. This is the only way we can combine prevention, therapy, diagnostics and rehabilitation to make one unit in one place: from orthopaedics to pain therapy, radiology to cardiology and internal medicine to psychosomatics.



Jägerwinkel Private Clinic on Lake Tegernsee



Marianowicz Centre for Diagnostics & Therapy in Munich

“WE TREAT
PEOPLE –
NOT X-RAYS.”

Dr. Martin Marianowicz
Medical Director
Jägerwinkel Private Clinic on Lake Tegernsee
Head of the Marianowicz Centre
for Diagnostics & Therapy in Munich



MARIANOWICZ MEDIZIN

Centre for Diagnostics & Therapy

Dr. Martin Marianowicz's motto defines the Marianowicz Centre of Diagnostics & Therapy. In our facility, various disciplines are represented by specialists that have one goal: your health. Precise diagnoses and gentle, targeted, minimally invasive treatments are only possible when different

specialisations work together. The vital basis for our diagnostics and therapies is always a comprehensive personal consultation. We always give this the time it deserves. For your health.

MEDICINE OF THE HIGHEST STANDARD

Marianowicz Medizin offers a wide spectrum of individual preventative and curative programmes using the most up-to-date methods:

Bio-regeneration

Lung check-up

Detox

Medicine check-up

Better aging

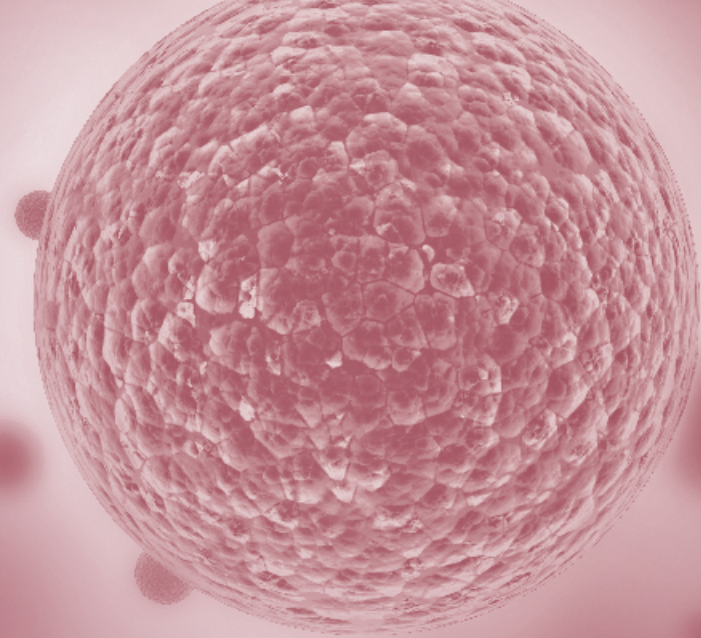
Aesthetic medicine

Stem cell therapy

Live cell therapy

THE REVOLUTION IN ORTHOPAEDICS

Stem cell therapy – the new approach to joint degeneration



Five million people in Germany are affected – arthritis is one of the most widespread illnesses, and can affect any joint.

The Marianowicz Centre is the first facility in Germany to offer a revolutionary medical treatment – bio-regeneration therapy using stem cells from the patient's own body to treat wear of the joints and spine.

The process & benefits behind this new approach:

- The out-patient therapy takes place without anaesthetic
- The stem cells are taken from the patient's body fat, the mixed with the patient's blood components and prepared
- The activated stem cells are then injected into the joint/spinal disc
- The cartilage regenerates itself and creates new cartilage tissue
- The patient can leave the facility immediately after the procedure
- Supportive rehabilitation is recommended as a follow-up
- After a few days, the joint should be fully able to bear weight, and after approx. 6 weeks, the patient should be able to take up their favourite sport again

This revolutionary, biomechanical process offers entirely new possibilities for the treatment of joint and spinal disc problems.



Only the best is good enough for your health.

We rely on an integrative approach to medicine. High-tech diagnostic tools and the most up-to-date treatment methods work together in a perfect symbiosis with centuries-old Eastern medicine.

ORTHOPAEDICS PAIN THERAPY BACK PAIN CENTRE	<ul style="list-style-type: none"> Interventional pain therapy Sports medicine Conservative therapy 	<ul style="list-style-type: none"> Regenerative orthopaedics Children's orthopaedics Chiropractic 	<ul style="list-style-type: none"> Osteopathy Arthritis therapy Rehabilitation 	<ul style="list-style-type: none"> Rheumatology consultations Osteoporosis consultations
NEUROLOGY	<ul style="list-style-type: none"> Prevention, diagnostics and treatment of neurological diseases 	<ul style="list-style-type: none"> Measuring nerve and muscle activity 	<ul style="list-style-type: none"> Imaging of the brain, nerves, muscles and blood supply to the brain 	<ul style="list-style-type: none"> Comprehensive consultation
INTERNAL MEDICINE	<ul style="list-style-type: none"> Comprehensive medical history Stroke prophylaxis 	<ul style="list-style-type: none"> Osteoporosis diagnostics Comprehensive lab analyses 	<ul style="list-style-type: none"> Bio-impedance analysis 	
CARDIOLOGY	<ul style="list-style-type: none"> Comprehensive medical history Heart attack prevention 	<ul style="list-style-type: none"> Cardiological rehabilitation 		
GASTROENTEROLOGY	<ul style="list-style-type: none"> Conventional endoscopy Ultra-thin gastroscope 	<ul style="list-style-type: none"> Capsule endoscopy Capsule pH measurement 	<ul style="list-style-type: none"> Ultrasound diagnostics 	<ul style="list-style-type: none"> Functional diagnostics with breath tests
CHECK-UP CENTRE	<ul style="list-style-type: none"> Comprehensive medical history Hormone and stress profile Heart attack prevention 	<ul style="list-style-type: none"> Early cancer detection Stroke prophylaxis Bio-impedance analysis 	<ul style="list-style-type: none"> Duplex sonography of the brain's vessel supply Sonography (ultrasound) of thyroid and abdominal cavity 	<ul style="list-style-type: none"> Smoker check-up Comprehensive lab analyses
RADIOLOGY	Magnetic resonance imaging: <ul style="list-style-type: none"> Cardio MRI Abdominal MRI 	<ul style="list-style-type: none"> MRI-angiograph of the spine, joints, muscles, ligaments and cartilage 	Computer tomography: <ul style="list-style-type: none"> Virtual colonoscopy Coronary calcification screening 	<ul style="list-style-type: none"> Osteoporosis measurement CT of the brain and nervous system
NATUROPATHY	<ul style="list-style-type: none"> Acupuncture Ear acupuncture 	<ul style="list-style-type: none"> Japanese Meridian therapy Moxibustion 	<ul style="list-style-type: none"> Gua Sha Cupping 	<ul style="list-style-type: none"> Tui Na massage
PHYSIOTHERAPY	<ul style="list-style-type: none"> Osteopathy Manual therapy 	<ul style="list-style-type: none"> General physiotherapy Physical therapy (TechnoGym equipment) 	<ul style="list-style-type: none"> Lymph drainage Medicinal massage Medicinal training therapy 	<ul style="list-style-type: none"> Plate One Physical treatments
CENTRE FOR BODY STATICS AND SENSORY MOTOR SKILLS	<ul style="list-style-type: none"> Walking and movement analyses 	<ul style="list-style-type: none"> 4D spine scan 	<ul style="list-style-type: none"> Back measurement 	<ul style="list-style-type: none"> Prosthetics and orthoses
MEDICINAL STRENGTHENING THERAPY PERSONAL FITNESS TRAINING	<ul style="list-style-type: none"> Comprehensive consultation 	<ul style="list-style-type: none"> Medically prescribed training 	<ul style="list-style-type: none"> Supported training 	



“A PLACE OF
HEALING.”

Yvonne Marianowicz
Managing Director
Jägerwinkel Private Clinic on Lake Tegernsee

MARIANOWICZ MEDIZIN

 Jägerwinkel Private Clinic

The Jägerwinkel Private Clinic is a renowned clinic on Lake Tegernsee, steeped in tradition. With our competent team of doctors, physiotherapists and nurses, we are able to offer a wide range of services surrounding prevention, therapy and rehabilitation.

Our clinic is wonderfully located with views of the mountains so body and soul can recuperate in a perfect atmosphere of wellness. We're convinced: The right, friendly surroundings play an important role in efficient medicine and speedy recovery.



Welcome to the Jägerwinkel –
we're here for you.

As soon as you arrive, you'll know: The Jägerwinkel Private Clinic is different. In our friendly atmosphere, you can put your trust in our specialised doctors and therapists, do your body some good and enjoy the quiet of the idyllic surrounding mountain landscape at the same time.

ORTHOPAEDICS, BACK PAIN CLINIC, NEUROLOGY, MULTI-MODAL PAIN THERAPY	<ul style="list-style-type: none"> • In-patient aftercare and rehabilitation • Epidural flooding • Peri-radicular therapy 	<ul style="list-style-type: none"> • Orthopaedic diagnostics • Conservative orthopaedics • Radiofrequency therapy • Anti-interleukin-1 therapy 	<ul style="list-style-type: none"> • Regenerative orthopaedics • Sports medicine • Epidural pain catheter • Micro-laser technology 	<ul style="list-style-type: none"> • Orthopaedics of the joints and musculoskeletal system • Hydro-cision • Multi-modal pain therapy
INTERNAL MEDICINE, CARDIOLOGY & GASTROENTEROLOGY	<ul style="list-style-type: none"> • In-patient aftercare and rehabilitation after surgery • Check-up • Heart attack prevention • Cardiological diagnostics • Conventional endoscopy • Ultra-thin gastroscope 	<ul style="list-style-type: none"> • In-patient aftercare after a heart attack • Cardiological rehabilitation • Internal pain therapy • Diabetes: Therapy and treatment • Stroke prevention • Capsule endoscopy • Capsule pH measurement 	<ul style="list-style-type: none"> • Cardiological performance check • Testing for food allergies and intolerances • Ultrasound diagnostics 	<ul style="list-style-type: none"> • Sports medicine examination • Nutritional consultation and weight loss • Functional diagnostics with breath tests
PSYCHOSOMATICS	<ul style="list-style-type: none"> • Diagnosis and treatment of psychosomatic illnesses e.g. burn-out, depression 	<ul style="list-style-type: none"> • In-patient aftercare and rehabilitation 	<ul style="list-style-type: none"> • Medicinal psychotherapeutic support 	<ul style="list-style-type: none"> • Conflict and resource analysis • Multi-modal pain therapy
CHECK-UP CENTRE	<ul style="list-style-type: none"> • Comprehensive medical history • Hormone and stress profile • Mysleep sleep diagnosis 	<ul style="list-style-type: none"> • Heart attack prevention • Early cancer detection 	<ul style="list-style-type: none"> • Stroke prophylaxis • Bio-impedance analysis 	<ul style="list-style-type: none"> • Smoker check-up • Comprehensive lab analyses
GENTLE MEDICINE	<ul style="list-style-type: none"> • Naturopathy • Acupuncture 	<ul style="list-style-type: none"> • TCM • Metabolic balance 	<ul style="list-style-type: none"> • F. X. Mayr 	
PHYSIOTHERAPY	<ul style="list-style-type: none"> • Osteopathy • Manual therapy (craniosacral therapy/PNF) 	<ul style="list-style-type: none"> • General physiotherapy • Physical therapy (also using equipment) 	<ul style="list-style-type: none"> • Lymph drainage • Medicinal massage • Gyrotonic 	<ul style="list-style-type: none"> • Physical treatments

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